

SAFETY



MONDAY

Winter Weather Safety



Wear layers of loose-fitting, water repellant, warm clothing

Wear a hat! 40% of body heat is lost from the head.

Tight-fitting mittens are better than gloves

- ✓ Dress in layers of warm clothing
- ✓ Wear a Winter Hat – 40% of Heat is lost from the head
- ✓ Keep Feet DRY/Travel with Change of Socks/Clothing
- ✓ Adjust speed appropriately to weather conditions when driving
- ✓ Remove Snow & Ice from Windshields & Mirrors
- ✓ Allow additional distance to stop
- ✓ Use the Smith System 5 Keys (4 of 5 apply)
 - Aim High in Steering
 - Get the Big Picture
 - Keep Your Eyes Moving
 - Leave yourself an Out
- ✓ Avoid Distractions while driving

ICE & SNOW
TAKE IT SLOW

- ✓ **Reduce Speed**
- ✓ **Travel Safe**
- ✓ **Be Prepared**



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