



# SLIPS, TRIPS AND FALLS

The Centers for Disease Control (CDC) and Prevention reports that about 1 million U.S. adults are injured due to slips and falls every year. That injury rate increases significantly during winter months as temperatures decline.

According to the NSC during 2020 805 workers died in falls and 211640 were injured so badly that they incurred days away from work.

Awareness training and prevention are keys to preventing workplace Slips, Trips and Falls.

Housekeeping is one of the most important things we can encourage employees to do!  
Keep the work area clear of hazards and immediately clean up spills.

Ensure proper walkway clearance  
Employees have and wear Proper Footwear  
Tools and equipment (Ladders especially) are in proper working order and employees have received proper training for use.

Encourage employee to follow safe practices at home as well. In 2019 according to the NSC more than 6.8 million people were treated for fall -related injuries that occurred at home.

## Walk like a Penguin!

When things get cold and icy,  
And your path looks kind of dicey,  
**Waddle on!**

Keep your toes all pointed out-y,  
Keep your knees all loosey-goosey,  
**Waddle on!**

Keep your hands outside your pocket  
Take short steps so you won't rocket,  
**Waddle on!**

Take it slowly. Holey-moley,  
So you won't fall down and roll-y,  
**Waddle on!**



Slips, trips and falls are a major cause of workplace injuries. Unsafe conditions and behaviors, along with a lack of safety awareness, can lead to these types of accidents.



**SLIPS, TRIPS & FALLS:**  
**15%**  
OF ALL ACCIDENTS:

**SLIPS, TRIPS & FALLS**  
on the same level are the  
**2nd** Leading cause of Injury\*\*

**25,000**  
**SLIP, TRIP & FALL**  
**ACCIDENTS** occur **DAILY**  
in the US\*

\*National Safety Council \*\* Bureau of Labor Statistics



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