



**National
Waste & Recycling
Association**
Collect. Recycle. Innovate



SAFETY

MONDAY

SLIPS, TRIPS AND FALLS

Slips, trips and falls are a major cause of workplace injuries. Unsafe conditions and behaviors, along with a lack of safety awareness, can lead to these types of accidents.



SLIPS, TRIPS & FALLS:
15% of all accidents:

SLIPS, TRIPS & FALLS
on the same level are the
2nd LEADING
CAUSE OF
INJURY**

25,000
SLIP, TRIP & FALL
ACCIDENTS occur
DAILY in the US*

*National Safety Council
** Bureau of Labor Statistics

**BE SURE TO FOLLOW THE STEPS
BELOW TO PREVENT SLIPS,
TRIPS, AND FALLS:**

- ✓ **Use 3-point contact** when climbing in and out of the cab of your truck or equipment.
- ✓ **Watch your step.** Ice and snow can present hazardous conditions on walking surfaces.
- ✓ **Wear proper footwear.** Ice Cleats when snow and ice are present!
- ✓ **Practice safe walking skills.** If you must walk on wet surfaces, take shorter steps to help maintain your center of balance under you and point your feet slightly outward. Move slowly and pay attention to the surface you are walking on.
- ✓ **Be sure to keep steps and ladders** clear of ice and/or snow.

6 WAYS TO REDUCE YOUR RISK



Slow down & pay attention

Watch where you're going and stepping



Keep walkways clear

Remove all clutter and obstructions



Step carefully when changing surfaces

Adjust your footing first for the surface, then proceed



Keep your field of vision clear

Don't let items you're carrying block your view



Ensure flooring is in good condition

Report immediately when repairs are needed



Use proper lighting

Make sure you use proper lighting. Make sure you can see where you're going and what

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