

January 20, 2025

Collect
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National Waste
& Recycling AssociationSM

SAFETY



MONDAY

Slips, Trips and Falls



Definition-

- Slips occur due to too little friction or lack of traction between footwear and the floor surface.
- Trips happen when a foot strikes or collides with an object, causing a loss of balance.
- Falls often result from slipping, tripping or losing balance from an elevated.
- These incidents can lead to injuries, including sprains, strains, bruises, concussions, and fractures.

Preventative Measures-

- Workplace safety measures can help prevent slips, trips, and falls.
- **Create Good Housekeeping Practices**-Establish clear housekeeping procedures as a part of the employees' daily routine.
- **Reduce Wet or Slippery Surfaces Walking Surfaces**-Report spills immediately to be cleaned properly. When snow and ice are present, remove or treat these elements.
- **Avoid Creating Obstacles in Aisles and Walkways**-Keep all work areas, passageways, storerooms and service areas clean and orderly. Conduct periodic inspections for slip, trip and fall hazards.
- **Create and Maintain Proper Lighting**-Keep work areas well-lit and clean.
- **Wear Proper Shoes/Boots**-Utilize proper footwear in work areas that provide necessary support and protection for the tasks being performed.
- **Educate and train employees**-Establish training outlines to ensure the employees understand their roles and responsibilities in protecting themselves.



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